

WELCOME

Are you new?

Whether you're just visiting or looking to stay, it is great to have you with us. During your time here please swing by the Connection table to pick up a gift, a message by Fr. Anthony and information about STSA and how to get connected into the community.

A GREAT TIME FOR CHILDREN

Our aim is to make this time the best hour of your child's week and the most helpful hour of yours. We invite you to visit our kids programs (18 months through high school) on the third floor to find out more. Check in is located next to the coffee tables.

ANNOUNCEMENTS & UPCOMING EVENTS

LEISURE GROUPS: Church isn't supposed to be just a Sunday morning thing; we believe church is a life to be lived in community. We hope you'll join one of our leisure group activities we have this Fall!

Sign up at the Connection Table or on mySTSA.com & select FIND A GROUP!

- Line Dancing Class (with \$5 cover charge) - Tuesday, October 22nd OR Tuesday, October 29th - 7:30-9:00pm
- STSA Running Club – sign up to be on the email list to join in a Sunday run right after the Well
- Guys Movie Night – get on the email list to hear when the guys are going to watch a “guy flick”.

PARKING CHANGE: If you plan to attend Vesper prayers or have confession on Saturday, October 26th please note there will be no parking at Central United Methodist Church. You may park at Wells Fargo or street parking will be necessary.

ARE YOU HAVING ONE OF THOSE DAYS? Our prayer team meets regularly and would love to pray for any need, burden or praise you have. A box at the Connection table has slips for your requests, or submit your request online at STSAchurch.org.

CONNECTION WITH US ONLINE:

TWITTER - twitter.com/stsachurch

FACEBOOK: facebook.com/stsachurch



October 20, 2013

Structured Prayer – The Kitchen

TheWellatSTSA.com

www.STSAchurch.org

Structured Prayer

“Prayer – secret, fervent, believing prayer – lies at the root of all personal godliness.”

“For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren.” Romans 8:29

The goal of life is to _____

“Let us become like Christ, since Christ became like us. Let us become gods for His sake, since He for ours became Man.” St. Gregory of Nazianzus

“The Son of God became man, that we might become god.” St. Athanasius of Alexandria

How does this transformation happen?

“you also, as living stones, are being built up a spiritual house, a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ.” 1 Peter 2:5

Set _____ of prayers, set _____ to offer

“But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.” 2 Corinthians 3:18

OUR CONCERNS WITH STRUCTURED PRAYER

1) “I don’t want my prayers to be insincere. I want them to be _____.”

“For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel. Therefore I urge you, imitate me.” 1 Corinthians 4:15-16

2) “Structured prayer means I pray without _____”

“O God, You are my God, earnestly I seek you; my soul thirsts for You, my body longs for You. In a dry and weary land where there is no water.” 1ST hour prayer, Psalm 62

“Hasten O God to save me; O Lord come quickly to help me...I am poor and needy; come quickly to me O God.” 1ST hour prayer, Psalm 69

3) “The words aren’t _____.”

***Our goal is communion with the Father,
that by power of the Spirit,
we could become the Son.***

DIY – Do It Yourself Project #3

Make a schedule for structured prayer. Set aside 2 times for prayer each day (morning and evening). Set a realistic goal (even if only 3 minutes) and stick to it for the remainder of this series. Good luck!