



SOLITUDE

Spiritual Sweat – Part 3

January 27, 2013

“The peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” Philippians 4:7

WHAT IS SOLITUDE?

Definition: being _____

Purpose: to enable me to _____

“Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed.” Mark 1:35

“However, the report went around concerning Him all the more; and great multitudes came together to hear, and to be healed by Him of their infirmities. So He Himself often withdrew into the wilderness and prayed.” Luke 5:16

“When Jesus heard it, He departed from there by boat to a deserted place by Himself. But when the multitudes heard it, they followed Him on foot from the cities. And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick.” Matthew 14:13-14

“And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there.” Matthew 14:23



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STEPS INTO SOLITUDE

1. Withdraw Weekly: _____ times for solitude/silence

“Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air.” 1 Corinthians 9:26

2. Divert Daily: take time out to _____

“Be still, and know that I am God” Psalm 46:10

3. Abandon Annually: plan _____ per year

“Shall I hide from Abraham what I am doing, since Abraham shall surely become a great and mighty nation, and all the nations of the earth shall be blessed in him?” Genesis 18:18

GOD’S PURPOSES ARE NOT _____;

THEY ARE _____

"And He said to them, “Come aside by yourselves to a deserted place and rest a while.” Mark 6:31