

WELCOME! If this is your first time here, we welcome you! Please take a moment to complete a connection card and drop it off at the connection table in the back. We have lots of information and helpful resources available at the connection table for you!

SWING BY THE CONNECTION TABLE

- If you're visiting because we want to meet you and have a gift for you!
- Sign up for a Leisure group
- Learn about volunteer opportunities (we always need help!)
- Pick up a parking pass
- Make a donation to STSA

CHILDREN'S PROGRAM: Our K -5th graders are continuing playing the game with HONOR by learning from David and Jonathan (1 Samuel 18-19) to Honor Others By Putting Them First. Challenge your kids this week to find something they can give up to help someone feel valuable. ... And ask them about [Basket-half-pipe-capture-the-wiffle-pong...](#) It's the most amazing sport ever!

ANNOUNCEMENTS & UPCOMING EVENTS

LEISURE GROUPS: Church isn't supposed to be just a Sunday morning thing; we believe church is a life to be lived in community. We hope you'll join one of our leisure group activities we have this Fall!

Sign up at the Connection Table or on [mySTSA.com](#) & select FIND A GROUP!

- TONIGHT! A Night of Comedy for the Family @ the Slupek home in Stafford, VA!- October 13 at 5:30pm
- Ladies Meet Up at Jireh in Fairfax – October 17th 7:00pm
- Line Dancing Class (with \$5 cover charge) - Tuesday, October 22nd OR Tuesday, October 29th- 7:30-9:00pm
- Pumpkin Playground @ Burke Nursery – Oct. 19 at 10am
- STSA Running Club – 2nd and 4th Sunday of the month right after the Well
- Guys Movie Night – get on the email list to hear when the guys are going to watch a "guy flick".

HOW CAN WE PRAY FOR YOU? Our prayer team meets regularly and would love to pray for any need, burden or praise you have. A box at the Connection table has slips for your requests, or submit your request online at [STSChurch.org](#).

CONNECTION WITH US ONLINE:

TWITTER - [twitter.com/stsachurch](#)

FACEBOOK: [facebook.com/stsachurch](#)

Welcome to
The Well
@STSA

An Ordinary Place Where Extraordinary Things Happen



Simple Prayer

October 13, 2013 – Part 2

TheWellAtSTSA.com

Simple Prayer

***“To pray means to be naïve/weak.
That’s why we hate it.”***

“The one who comes to Me I will by no means cast out.”
John 6:37

In simple prayer, the focus is on _____

*“I am not able to bear all these people alone,
because the burden is too heavy for me. If You
treat me like this, please kill me here and now—if
I have found favor in Your sight—and do not let
me see my wretchedness!” Numbers 11:14-15*

Simple prayer: ordinary _____
bringing ordinary _____
to an extraordinary _____

*“For if our heart condemns us, God is greater than our
heart, and knows all things.” 1 John 3:20*

Tips for Simple Prayer

1. **Remember: prayer is a _____**
*“But you, when you pray, go into your room, and when
you have shut your door, pray to your Father who is in the
secret place; and your Father who sees in secret will
reward you openly.” Matthew 6:6*
2. **Don’t _____**
3. **Pray even during _____**
*“We, calling on the name of Christ crucified, chase away
all the demons you fear as gods.” St. Anthony the Great*
4. **Strive for _____ experiences**
*“My heart is not proud, Lord, my eyes are not haughty; I
do not concern myself with great matters or things too
wonderful for me. But I have calmed and quieted myself,
I am like a weaned child with its mother; like a weaned
child I am content.” Psalm 131:1-2*
5. **Begin right _____**

***“We must lay before Him what is in us,
not what ought to be in us.” C.S. Lewis***

DIY – Do It Yourself Project #2

Write a simple prayer on the note card provided. Practice your simple prayer first thing in the morning and last thing before going to bed every day this week.