Seek First to Understand

RULE OF LIFE: ONE MUST	PROPERLY BEFORE ONE CAN
EFFECTIVELY	
	ined the truth: understand first, and then rebuke. Answer use: neither interrupt men in the midst of their talk." Sirach
HABIT #5: SEEK FIRST TO	, THEN TO BE
"If thou love to hear, thou shalt rec be wise" Sirach 6:33	eive understanding: and if thou bow thine ear, thou shalt
The key in listening is your	
thy life be sincere; and with patiend neighbor; if not, lay thy hand upon	; and let thy word be the same. Be swift to hear; and let ce give answer. If thou hast understanding, answer thy thy mouth." Sirach 5:10-12 ery man be swift to hear, slow to speak, slow to wrath"
Understanding is the key to making	

"O LORD, You have searched me and known me. You know my sitting down and my rising up; You understand my thought afar off. You comprehend my path and my lying down, and are acquainted with all my ways. For there is not a word on my tongue, but behold, O LORD, You know it altogether. You have hedged me behind and before, and laid Your hand upon me. Such knowledge is too wonderful for me" Psalm 139:1-6

Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace,

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy;

O Divine Master, grant that I may not so much seek

to be consoled as to console:

to be understood as to understand;

to be loved as to love.

Interdependence

