

Be Proactive

“Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air.” 1 Corinthians 9:26

“For if anyone thinks himself to be something, when he is nothing, he deceives himself. But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another.” Galatians 6:3-4

Attitude of Determinism says: “I have _____”

Types: Genetic, psychic and environmental

Stimulus → Response

Do I have a choice?

“And when they had laid many stripes on them, they threw them into prison, commanding the jailer to keep them securely. Having received such a charge, he put them into the inner prison and fastened their feet in the stocks. But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them.” Acts 16:23-25

STIMULUS → _____ → RESPONSE

PROACTIVITY

- I do have _____
- I am _____ for my life
- My behavior is function of _____, not _____

"And it came to pass after these things that his master's wife cast longing eyes on Joseph, and she said, "Lie with me." But he refused and said ...How then can I do this great wickedness, and sin against God?" So it was, as she spoke to Joseph day by day, that he did not heed her, to lie with her or to be with her."
Genesis 39:7-10

"The LORD was with Joseph, and he was a successful man"
Genesis 39:2

Proactive people are _____ driven

Reactive are _____ driven

"Whoever has no rule over his own spirit is like a city broken down, without walls." Proverbs 25:28

**What matters most is NOT what happens to us,
but rather _____ to what happens to us**

BEING PROACTIVE

Talk the talk, Focus the thought, Walk the walk

1. **TALK THE TALK:** _____

*“For out of the abundance of the heart the mouth speaks.”
Matthew 12:34*

“For by your words you will be justified, and by your words you will be condemned.” Matthew 12:37

2. **FOCUS THE THOUGHT: circles of** _____ **vs** _____

“And he said, “While the child was alive, I fasted and wept... But now he is dead; why should I fast? Can I bring him back again?” 2 Samuel 12:22-23

Serenity prayer: *God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.*

3. **WALK THE WALK: Make and keep** _____

“But let your ‘Yes’ be ‘Yes,’ and your ‘No,’ ‘No.’ For whatever is more than these is from the evil one.” Matthew 5:37

7 Day Proactive Challenge: Make 3 commitments

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