# The Commitment Choice

#### First Healing Choice: THE REALITY CHOICE

Admit I need help; that I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable on my own.

#### Second Healing Choice = THE HOPE CHOICE

Earnestly believe that God is alive, that I matter to Him, and that He has power to change me.

#### <u>Third Healing Choice = THE COMMITMENT CHOICE</u> Consciously choose to commit all my life and will to Christ's care and control.

"Blessed are the meek, for they will inherit the earth." Matthew 5:5

MEEKNESS IS \_\_\_\_\_

"For to this you were called, because Christ also suffered for us, leaving us an example, that you should follow His steps: "Who committed no sin, nor was deceit found in His mouth"; who, when He was reviled, did not revile in return; when He suffered, He did not threaten, but committed Himself to Him who judges righteously;" 1 Peter 2:21-23

#### MEEKNESS IS GOD'S PATH TO \_\_\_\_\_

"Now the man Moses was very meek, above all the men which were upon the face of the earth." Numbers 12:3 [KJV]

#### **MEEKNESS REQUIRES:**

a) Confidence in \_\_\_\_\_

b) Confidence in \_\_\_\_\_

"Whoever believes that Jesus is the Christ is born of God" 1 John 5:1

#### Consciously:

#### choose to commit:

all my life and will:

"So likewise, whoever of you does not forsake all that he has cannot be My disciple." Luke 14:33

### to Christ's care and control:

"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." Matthew 11:28-30

## What's stopping you? Pride? Guilt? Fear?

"Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin leading to death, or of obedience leading to righteousness?" Romans 6:16

FREEDOM IS \_\_\_\_\_

"I have come that they may have life, and that they may have it more abundantly." John 10:10

CHANGE IS \_\_\_\_\_

"being confident of this very thing, that He who has begun a good work in you will complete it" Philippians 1:6

"If you can believe, all things are possible to him who believes." Mark 9:23

"Come to Me, all you who labor and are heavy laden, and I will give you rest." Matthew 11:28

# Will you???