

▶ **WHETHER YOU'RE JUST VISITING  
OR LOOKING TO STAY, IT'S  
GREAT TO HAVE YOU WITH US!**

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## WELCOME

### COFFEE'S ON US

Enjoy a hot cup of coffee and snacks.

### WE'D LOVE TO MEET YOU

Stop by the Connection Table so we can get to know each other.

### FILL YOUR BUCKET

The Well starts with a time of praise followed by an inspiring message.

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## CALENDAR

- 3/10 NBC4 EXPO MOBILE CLINIC
- 3/16 HIGH SCHOOL RETREAT
- 3/17 LOVE YOUR CITY (LYC)
- 3/17 GLOBETROTTERS GAME
- 3/24 AFC LITURGY & LIFE, PT3
- 3/25 BAPTISM SUNDAY
- 3/25 LEISURE GROUP LUNCH

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## BUILDING BLOCKS: A LIFE OF PRAYER

▶ AN ORDINARY PLACE  
WHERE EXTRAORDINARY  
THINGS HAPPEN

STSA.CHURCH/THEWELL

march 4, 2018

## PART 3: STRUCTURED PRAYER

**“Prayer doesn’t change THINGS; it changes us.”**

➤ *“For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren.” Romans 8:29*

**GOAL OF LIFE = BE LIKE JESUS**

“Let us become like Christ, since Christ became like us. Let us become gods for His sake, since He for ours became Man.” St. Gregory of Nazianzus

**TRANSFORMATION REQUIRES** \_\_\_\_\_

➤ *“you also, as living stones, are being built up a spiritual house, a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ.” 1 Peter 2:5*

**STRUCTURED PRAYER = SET** \_\_\_\_\_

**+ SET** \_\_\_\_\_

*See Exodus 29:38-42*

Structured prayer provides \_\_\_\_\_ and

\_\_\_\_\_.

“Spontaneous prayer is possible in two situations: either at moments when we have become vividly aware of God...or when we become suddenly aware of the deathly danger in which we are when we come to God.” Anthony Bloom, Beginning to Pray

**Structured prayer allows you to focus on the** \_\_\_\_\_ ,

**not the** \_\_\_\_\_ .

➤ *“O God, You are my God, earnestly I seek you; my soul thirsts for You, my body longs for You. In a dry and weary land where there is no water.” First hour prayer, Psalm 62*

**Consistent prayer is the only means for long term transformation.**

➤ *“But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.” 2 Corinthians 3:18*

**“Our goal is communion with the Father, that by power of the Spirit, we could become the Son.”**

**THIS WEEK’S BUILDING BLOCK:**

Set aside 3 times for structured prayer each day – even if only 3 minutes each. Use the Book of Hours (Agpeya), which can be found by clicking “NEED PRAYER” on the STSA app. Stick to your plan for the entire week.

Answer Key: consistent habits, times, words, consistency, balance, meaning, words